

# Kingman Connection



July & August

City of Kingman's Employee Newsletter

**Our Mission: "To Build a Bridge of Open Communication Between Employees Across All Departments"**



## HEALTH & SAFETY THEME



The skin is the body's largest organ. It protects against heat, sunlight, injury, and infection. Yet, some of us don't consider the necessity of protecting our skin.

The need to protect your skin from the sun has become very clear over the years, supported by several studies linking overexposure to the sun with skin cancer. The harmful ultraviolet rays from both the sun and indoor tanning "sunlamps" can cause many other complications besides skin cancer - such as eye problems, a weakened immune system, age spots, wrinkles, and leathery skin.

How to protect your skin? There are simple, everyday steps you can take to safeguard your skin from the harmful effects of UV radiation from the sun.

Wearing clothing that will protect your skin from the harmful ultraviolet (UV) rays is very important. Protective clothing are long-sleeved shirts and pants are good examples. Also, remember to protect your head and eyes with a hat and UV-resistant sunglasses. You can fall victim to sun damage on a cloudy day as well as in the winter, so dress accordingly all year round.

Sunburns significantly increase one's lifetime risk of developing skin cancer. It is especially important that children be kept from sunburns as well.

Stay out of the sun, if possible, between the peak burning hours, which, according to the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO), are between 10 a.m. and 4 p.m. You can head for the shade, or make your own shade with protective clothing - including a broad-brimmed hat, for example.

Water, snow, sand, even the windows of a building can reflect the damaging rays of the sun. That can increase your chance of sunburn, even if you're in what you consider a shady spot.

You can experience more UV exposure at higher altitudes, because there is less atmosphere to absorb UV radiation.

Generously apply broad-spectrum sunscreen to cover all exposed skin. The "broad spectrum" variety protects against overexposure to ultraviolet A (UVA) and ultraviolet B (UVB) rays. The FDA recommends using sunscreens that are not only broad spectrum, but that also have a sun protection factor (SPF) value of at least 15 for protection against sun-induced skin problems.

Re-apply broad-spectrum sunscreen throughout the day. Even if a sunscreen is labeled as "water-resistant," it must be reapplied throughout the day, especially after sweating or swimming. To be safe, apply sunscreen at a rate of one ounce every two hours. Depending on how much of the body needs coverage, a full-day (six-hour) outing could require one whole tube of sunscreen.

When to protect your skin? UV rays are their strongest from 10 am to 4 pm. Seek shade during those times to ensure the least amount of harmful UV radiation exposure. When applying sunscreen be sure to reapply to all exposed skin at least 20 minutes before going outside. Reapply sunscreen every two hours, even on cloudy days, and after swimming or sweating.

UV rays can also penetrate the structures of your eyes and cause cell damage. According to the CDC, some of the more common sun-related vision problems include cataracts, macular degeneration, and pterygium (non-cancerous growth of the conjunctiva that can obstruct vision).

Wear a wide-brimmed hat. To protect your vision, wear a wide-brimmed hat that keeps your face and eyes shaded from the sun at most angles.

Effective sunglasses should block glare, block 99 to 100% of UV rays, and have a wraparound shape to protect eyes from most angles.

***-This information provided courtesy of U.S. Department of Health and Human Services***



# JULY RECIPES



## Five-Spice Turkey and Lettuce



Serves 4

Total Time

30 minutes

### NUTRITIONAL INFORMATION (PER SERVING)

Calories	285	Protein	26g
Total Fat	11g	Calcium	0
Saturated Fat	3g		
Cholesterol	66mg		
Sodium	543mg		
Total Carbohydrate	24g		
Dietary Fiber	—		
Sugars	—		

### • INGREDIENTS

- 1/2 cup water
- 1/2 cup instant brown rice
- 2 teaspoons sesame oil
- 1 pound 93%-lean ground turkey
- 1 tablespoon minced fresh ginger
- 1 large red bell pepper, finely diced
- 1 cup water chestnuts, rinsed and chopped
- 1/2 cup reduced-sodium chicken broth
- 2 tablespoons hoisin sauce
- 1 teaspoon five-spice powder
- 1/2 teaspoon salt
- 2 heads Boston lettuce, leaves separated
- 1/2 cup chopped fresh herbs, such as cilantro, basil, mint and/or chives
- 1 large carrot, shredded

### Directions

1. Bring water to a boil in a small saucepan. Add rice; reduce heat to low, cover and cook for 5 minutes. Remove from the heat.
2. Meanwhile, heat oil in a large nonstick pan over medium-high heat. Add turkey and ginger; cook, crumbling with a wooden spoon, until the turkey is cooked through, about 6 minutes. Stir in the cooked rice, bell pepper, water chestnuts, broth, hoisin sauce, five-spice powder and salt; cook until heated through, about 1 minute.
3. To serve, spoon portions of the turkey mixture into lettuce leaves, top with herbs and carrot and roll into wraps.

## July Anniversaries

Fred Warring	Fire	29 years	Paul Forsyth	Parks	10 years
Dave Patriquin	Fire	28 years	Tiffany Reed	Police Admin	8 years
Steve Clouse	Sanitation	25 years	Keith Eaton	Fire	7 years
Ron Walker	Streets	25 years	Tim Cowin	Sanitation	6 years
Brad Abraham	Fire	23 years	Lee Hocking	City Attorney	5 years
Bob Fisk	Police	20 years	Glen "Mac" Nelson	Fire	5 years
Chris Kimrey	Fire	19 years	John Patterson	Fire	5 years
Bill Wyatt	Sanitation	16 years	Tomas Silva	Police Admin	5 years
Larry Dubay	Water Oper	15 years	Jack Plaunty	Engineering	4 years
Mark Smith	Waste Water	15 years	Ruben Rodriguez	Waste Water	2 years
Art Gastelum	Parks & Rec	15 years	Amber Wells	911 Comm	2 years
Keelan Yarbrough	Waste Water	14 years	Daniel Miller	Parks & Rec	1 year
Tom Lynch	Streets	14 years	Steve Morin	Water Oper	1 year
Curt Schrade	Fire	14 years	Marvin Poppe	Parks Rec	1 year
Donna King	KART	13 years	Carol Morrison	Public Works	1 year
Kiley Rogers	Water Oper	13 years	Marjorie Stone	911 Comm	1 year
Wayne Hollon	Police	12 years	Larry Forbus	Parks & Rec	1 year
Brian Workman	Waste Water	12 years	Amanda Sanne	Parks & Rec	1 year
Chris Weaver	Fire	12 years			

## July Birthdays

Sean Kincaid	1
Christine Eimon	3
Jeff Corwin	5
Carmen Haack	5
Sheri Furr	7
David Reif	7
Shay Weber	8
Gabriel Brown	10
Philip Hudgens	10
Jesse Kennedy	10
Roger Conrath	12
Keith Walker	12
Robert Furr	13
Ron Ackerson	15
James Brice	15
Bill Johnston	15



Evan Hopper	17
Tracy Furr	18
Art Gastelum	19
Don Anderson	21
Gary Hinshaw	22
Sue McIver	23
Heath Mosby	23
Chief Chuck Osterman	26
David Ravenberg	26
Jason Zerr	26
George Sedich	27
Mike Williamson	29
Mike Godfrey	30
Jude Fernando	31
Tiffany Reed	31

## August Anniversaries

Bill Johnston	Fire Dept	31 years	Robin Foreman	City Clerk	9 years
Dean Pethers	Water Operating	28 years	Carmen Haack	Police	9 years
Phillip Bland	Street Dept	28 years	Casey Deherrera	Police Support	8 years
Mark Olivas	Fire Dept	26 years	Maria O'Haver	Magistrate Court	8 years
Ray Cullison	Sanitation	26 years	Jeffrey Gifford	Street Dept	8 years
Coral Loyd	Finance	22 years	Shay Weber	Police	8 years
Robert Casson	Fire Dept	21 years	Joel Hardy	911 Comm	8 years
William Bonfield	Fleet	18 years	Dan Dill	Parks & Rec	8 years
Terry Cornett	Information Tech	18 years	Paul Johnson	Water Oper	8 years
Russell Kuehner	Building Maint	17 years	Bill Couch	KART	7 years
James McErlean	Building Insp	16 years	Gerald Delgado	Information Tech	7 years
Edward Tapia	Sanitation	16 years	Joanne Longo	KART	7 years
Terry Bolles	Police	15 years	Gary Higgins	Waste Water	7 years
Bill Fancher	Police	15 years	Michael Meersman	Parks & Rec	6 years
Christine Eimon	Fire Support	14 years	Victor Flores	Parks & Rec	4 years
Shane Milligan	Fire Dept	14 years	Rachel Richmond	Parks & Rec	4 years
Rodney Ward	Engineering.	14 years	Gabriel Brown	Police	3 years
Robert Borker Jr	Fire Dept	14 years	Gayla Miner	Court	3 years
Gregory Henry	Engineering	13 years	Matthew Snay	Police	2 years
Richard Stewart	Water Oper	13 years	Gabriel Johns	Finance	2 years
Roy Ratliff	Water Oper	12 years	Ben Gross	Water Oper	1 year
Daniel Butler	Engineering	12 years	Krista Huggins	City Clerk	1 year
Evan Kunert	Police	11 years	Kyle Clancy	Police	1 year
Pete Petersen	Sanitation	10 years	Dennis Farrington	Police	1 year
Brandon Barkhurst	Police	9 years	Scott Yocum	Fleet	1 year

## August Birthdays

Chris Jackson	1
Amy Kennedy	2
Gabriel Johns	4
Judge Kathy McCoy	5
Coral Loyd	8
Jose Muro	8
Michael Mitchell	9
Brian Kelly	13
Brandon Barkhurst	17
Melvin Blake	17
Phillip Lemelin	18



Jeff Baker	21
Stan Eimon	21
Joseph Meins	23
Gene Yerby	23
Robert Casson	25
James McErlean	25
Melvin Dubay	27
Robert McCoy	29
Debra McKee	29
Dennis Farrington	30



## SAFETY ADVISORY: NHTSA Urges Drivers to Check Tires During Hot Weather

The U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) today cautioned motorists that hot weather and under-inflated tires are a dangerous combination. In the summer months, while vehicles are being driven at highway speeds, the heat and hot roadways contribute to the breakdown of tires and a greater likelihood for tire failure.

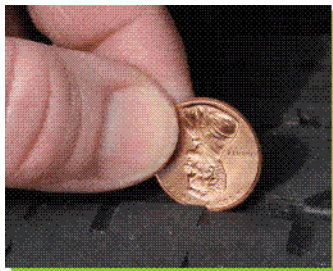
NHTSA estimates that tire failure causes approximately 11,000 crashes a year. The most common cause of failure includes tread separations, blowouts, bald tires and under-inflated tires. Under inflated tires or worn down treads are a major cause of failure. Under-inflation also leads to poor fuel economy, sluggish handling, longer stopping distances and increased stress on tire components.

Proper pressure is the most important part of maintaining a vehicle's tires. Properly maintained tires improve the steering, stopping, traction and load carrying capability of vehicles and can improve gas mileage by 3.3 percent.

To prevent tire failure, NHTSA offers the following safety recommendations:

- Follow the recommended tire pressure in pounds-per-square-inch (PSI) for your vehicle. This information is found on the vehicle placard typically inside the car door and in the vehicle owner's manual.
- Purchase a tire pressure gauge to keep in your vehicle. Tires lose one PSI every month, so it is important to check your tires monthly to ensure proper inflation.
- If your vehicle is equipped with tire pressure monitoring systems (TPMS), know where the TPMS warning is on your dashboard, and take action if you receive a warning.
- Check your vehicle owner's manual for specific recommendations for tire replacement for your vehicle. Some vehicle manufacturers recommend six years, some tire manufacturers recommend 10 years as the maximum service life for tires, including spares.
- Monitor the tread on all tires on your vehicle. Tires with tread worn down to 2/32 of an inch or less are not safe and should be replaced.
- Look for treadwear indicators - raised sections spaced throughout the bottom of the tread grooves. When they appear it is time to replace your tires.
- Try the penny test. Place a penny in the tread of your tires with Lincoln's head upside down and facing you. If you can see the top of Lincoln's head, your tire has less than 2/32 of an inches of tread and you are ready for new tires.

Remember that seat belts are your best defense in a crash.



**If your tire has less than 2/32" of tread, you are ready for new tires.**



Aldana, Karen. "NHTSA Urges Drivers to Check Tires During Hot Weather." *National Highway Traffic Safety Administration*. 13 June 2013.

## Department News



### Information Technology

“Over the past few months, Joe Clos and Gerry Delgado have worked really hard to help get the City registered and organized on two separate but cooperative websites which are often used to apply for grants. The two websites have proven to be confusing for us “non-web” experts yet anyone in the city who works with grants will likely need to register and use these two sites, Grants.gov and S.A.M. (System for Award Management).”

Joe and Gerry basically started from scratch to be sure that any employee who needs to use these web site services can now easily get registered and use the sites much easier. Granted, this only effects a small number of city staff, but for those us who do, it's been incredibly helpful to have Joe and Gerry hold our hands through the process.

Thought it was worth noting because it took a special meeting with us all and many hours of Joe and Gerry sorting through these sites to straighten it all out.

If you have questions, please just let me know. There were a bunch of city grant people involved:

Diane R., Gabe, Burley, Rob, Carol, PD people, Sheri Furr and myself. Maybe a couple I forgot.”

- Appreciation for a job well-done, submitted by Bill Shilling, Development Services Department



### Human Resources

Health Savings Account (HSA) accountholder fee changes going into effect on September 1, 2013. Employees who are HSA Bank accountholders should have received a notice from HSA bank in July regarding the new fee rates. If you a HSA accountholder and have not received the notice, please contact an HR representative and we will provide one for you.



**GENERIC PRESCRIPTIONS**—Generics, when available, offer you the greatest savings. They are safe, effective and reliable alternatives to higher priced brand products. Always check with your doctor to see if a generic product is available.

Visit OptumRx online to learn more about ways to save on your prescription drug costs at:

[www.optumrx.com](http://www.optumrx.com)

## Fight Against Cancer PINK HEALS



### Plan to Join Kingman's Fight against Cancer this Fall

Kingman, Arizona – [July 9, 2013] Kingman Regional Medical Center (KRMC) and the City of Kingman have joined in planning a new event for this fall called "Pink Heals Kingman," which is aimed at uniting our community in the fight against cancer. Individuals, organizations, and businesses in the community are invited to begin their own planning to contribute creativity and flare to the event.

In years past, the City of Kingman sponsored the national "Pink Heals" tour, which includes four pink fire trucks that tour the country to raise funds for and awareness of cancer.

When stopping in Kingman, cancer survivors and family members walked with the trucks and other local emergency response vehicles in a procession down Beale St. in downtown Kingman. The procession would end at Locomotive Park with a ceremony featuring city officials and a fundraiser for the Kingman Cancer Care Unit.

Unfortunately, the Pink Heals tour will not be stopping in Kingman this year. According to City of Kingman Human Resources Director, Jackie Walker, "We were very disappointed. The Pink Heals Tour was a very meaningful event for people in our community affected by cancer and it helped raise substantial funds for the Kingman Cancer Care Unit. So, we decided to have the event anyway, without the pink fire trucks."

Since there are a number of cancer awareness events happening in Kingman every fall, the City and KRMC decided to consolidate some of the events into a single event called, "Pink Heals Kingman," which is planned for Saturday, October 19<sup>th</sup>, 2013.

Preliminary plans for Pink Heals Kingman include a walking parade from the parking lot in front of HomeStyle Furniture (next to Ross) to the KRMC pavilion behind the Del E. Webb Wellness Center. Cancer survivors and family members are invited to walk in the procession wearing pink or any other color that represents a type of cancer. Community members are also invited to walk in the procession and are encouraged to dress creatively and carry signs or other props as a show of support for cancer survivors or as remembrance of a friend or loved-one who had the disease. Additionally, businesses along Stockton Hill Rd. and throughout the city are invited to show their support by decorating the outside of their buildings with pink.

A celebration of survivorship, featuring presentations by city officials and cancer survivors will begin at 9:30 a.m. at the KRMC pavilion. This will be followed by a ball drop to raise funds for the Kingman Cancer Care Unit (further details to be announced).

Coinciding with the above events on October 19th, KRMC's Women's Health Expo is scheduled from 10:00 a.m. to 2:00 p.m. at the KRMC Medical Professional Building. Over 40 community organizations will be participating in the event, offering free screenings and information to enhance the health and well-being of women in our community.

Pink Heals Kingman is free and open to the public with food and prizes. For further information or to learn how to become involved in Pink Heals Kingman, please contact Cheryl M. Smith, City of Kingman at 928-753-8583 or Teri Williams, Kingman Regional Medical Center at 928-681-5061.

Kingman Regional Medical Center provides a full range of health and wellness services, including a beautiful wellness and fitness center, a primary and specialty care physician practices, advanced medical programs in cardiology, cancer, rehabilitation, and home health and hospice care. KRMC has 235 licensed beds and is Joint Commission accredited. The hospital employs over 1,450 employees, 250 volunteers, and 190 physicians/ allied health professionals who embrace our hospital's non-profit mission of "Serving Our Community with Compassion and Commitment." We are also honored to serve as a [teaching hospital](#) in affiliation with Midwestern University to train doctors specializing in family practice and emergency medicine. For more information visit the hospital website at [www.azkrmc.com](http://www.azkrmc.com). You can also learn more about our family of healthcare providers by listening to "FOCUS ON YOUR HEALTH" a weekly 30 minute radio program that airs every Saturday at 11:30 a.m. on 90.7FM KJZK, Kingman or watching "YOUR HEALTH MATTERS" that airs on local cable Channel 57. The program can be viewed seven days a week, at 9:00 a.m., 3:00 p.m., 9:00 p.m. and 3:00 a.m.



# New Employee Corner Welcome Aboard!

## NEW HIRES

Moani Makaiwi-Stroup, Communications Specialist, Fire Dept

John McFarland Jr., Street Superintendent, Public Works Dept

John Long, Public Transit Operator, Public Works Dept

Nadine Gutierrez Penzola, Student Intern, Finance Dept

Karly Wyatt, Communications Specialist, Fire Dept

Sam Kurtze, Police Officer, Police Dept

Nicholas Schmitz, Police Officer, Police Dept

Jerry Sipe, Groundskeeper, Parks & Recreation Dept



## Safety Minded



The General Safety Committee uses the SAFETY SMARTIE recognition program as a fun way to recognize employee safety. "Caught Being Safety Smart" is there to help let employees know we all care about safety, day in and day out. Make it a point to send a co-worker a Safety Smartie if you see that they are following safety procedures or going out of the way to do the job right.

Send Linda or Liz in Human Resources an email or give them a call to nominate someone for the Safety Smartie program. It only takes a moment and just like safety, taking the time can make a big difference in doing the job right.





## KINGMAN FIRE DEPARTMENT



July 5, 2013 marked the 40<sup>th</sup> anniversary of a disaster that rocked the City of Kingman and its residents. Approximately 300 people gathered at Firefighter Park to remember the 11 firefighters that lost their lives due to the explosion. Hosted by Kingman Fire Chief Chuck Osterman, the Kingman Fire Department Honor Guard and KFD Pipes and Drums presented a 40 minute tribute that included a bell service dedicated to the 11 men. As part of the memorial service Chief Osterman recognized the fallen Firefighters of Prescott; 19 purple balloons were released to the air by KFD, NACFD and BLM firefighters.

## UPCOMING EVENTS FOR THE YEAR OF 2013

September 2013	Flu & Pneumonia
October 2013	Mammogram & POP
November 2013	Fitness Appraisal
December 2013	Colorectal Cancer Screening & Education

**ATTENTION**

**LabCorp has moved!**

**They are no longer in the AIMS building. Their new location is:**

**2401 Stockton Hill Road, Suite 3  
(off the corner of Davis and SHR)**

# CONGRATULATIONS

Thank you to all of you who participated in the Skin Cancer screenings held during the months of May and June. With our exposure to the beautiful year-round sunshine we experience living and working in Arizona, this is a valuable wellness screening that is offered by NAEBT to our plan members and their dependents.

This is one wellness event NAEBT plans to offer on an annual basis. If you and/or your dependents weren't able to participate this year, we hope that you will take advantage of this important screening next year.

This year NAEBT provided each City with a pop-up sun shade tent....City of Kingman's lucky winner is: Eddie Tapia, Sanitation Division – Public Works Department.

Congratulations Eddie!!!



## GIVEAWAYS FOR THE MONTH OF OCTOBER 2013 NAEBT WELLNESS PROGRAM

In the month of October, the City of Kingman will host Prostate Cancer Screenings with the (POP) Prostate On-Site Project. Employees and dependents who participate will have a chance to win a 32" Proscan TV, pictured below.

Also in October, we will be offering onsite mammograms through Assured Imaging. Employees and dependents who participate will be entered into a drawing for a Coach Purse (sample purse depicted below). As October gets near, we will be sending out information on both of these important screenings.



PROSCAN 32 HDTV HDMI 3

PROSCAN PLDED3273A-B - 32" LCD  
TV - 720p

1 Year Limited Warranty

LCD

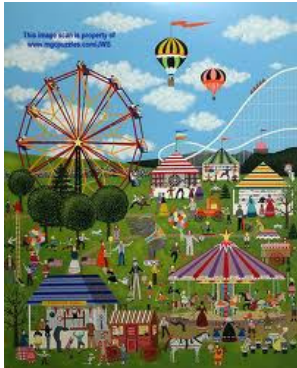
Resolution: 720p



NWT AUTHENTIC COACH

ALEXANDRA CHAIN

SIGNATURE TOTE BAG PURSE

**PARKS AND RECREATION UPCOMING EVENTS****Summer Movies in the Park**

Sponsored by: Martin Swanty Auto Center of Kingman

Friday, July 26 "Rise of the Guardians"

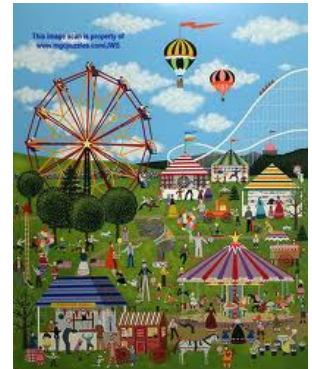
Saturday, August 3 "Oz: The Great and the Powerful"

8:15 p.m. approximate start

At Centennial Park

3333 Harrison St.

**FREE**



Giant Screen Movies at Centennial Park are back for the fifth consecutive summer thanks to Martin Swanty Chrysler Dodge Jeep and their generous donation to make this program possible. Movies will begin approximately at dusk or about 8:15 p.m. and will be on the grass west of Centennial Pool. Movies will be shown on a 16 foot inflatable screen. Bring your blankets, lawn chairs or air mattresses and enjoy a pleasant evening under the stars watching a great movie of the day. The fun does not stop here! Concessions are sold by the Pool Snack Bar. These movies are FREE so take advantage of this opportunity and come on out and have fun while showing your support for Martin Swanty Chrysler Dodge Jeep for their generous sponsorship of 2012 Movies in the Park.

## **CO-ED SOFTBALL TOURNAMENT & RAFFLE**

**Centennial Park  
Kingman, AZ**



**Date:** Saturday, August 10th  
**Time:** 4:00 P.M.  
**Cost:** \$175 per Team entry fee

Volunteers Umpires Needed ~ Donations Welcome

**ALL PROCEEDS WILL GO TO THE FAMILIES OF THE FALLEN**

Contact: Melissa Tahbo @ 928-263-7030 or Andrew McCall @ 928-279-6679

~ Please make checks to payable United Phoenix Fire Fighters Association ~

~ Can also donate to Chase Bank Account #987218757 ~

# Appreciation

We believe the City of Kingman has some of the most outstanding employees in the community. Your co-workers and the customers we serve agree! We would like to share some of the thoughtful words received about our dedicated team.

## ADMIRATION

Diana Newton

Thank you for helping out the Hot Shot Fire Firefighters on Wednesday night when they showed up at Centennial Park hot and exhausted from fighting the Dean Peak Fire and setting them up in the Community Center. They were most thankful for a place to cool down and sleep.

## Thanks

For Smiley Recipient:

Scott Yocum, Spike Zerr,  
John Duszynski, Bill Bonfield,  
James Clemens, Harry White

Thank you for keeping our trucks up and going with this heat. Scott you have a great team!!!

## Grateful

For Smiley Recipient:

**Justine Dixon**

You did a fantastic job in helping to make the tournament bracket boards.

**GREAT JOB!!!!**

For smiley recipient:

**Guy Reynolds**

Thank you for motivating your crew during these hot summer days.

Keep Smiling Guy!!

## Kudos

## Gratitude

For Smiley Award Recipients:

Dan Butler and Ron Heidemann

Thank you for your diligent work on the Air way/Western project.





## July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

HAPPY INDEPENDENCE DAY!!!  
The 4th of July Holiday will be observed on  
Thursday, July 4, 2013.



**Pay Days**  
Friday, July 5th  
Friday, July 19th

### Scheduled Meetings & Events

Insurance Committee Meeting—  
7/11 10:00 a.m.

General Safety Committee  
Meeting – 7/30 9:00 a.m.

City Golf League  
7/10 & 7/24  
3:30 Tee Times

Newsletter Deadline 7/22

## August 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



**Pay Days**  
Friday, August 2nd  
Friday, August 16th  
Friday, August 30th

### Scheduled Meetings & Events

Insurance Committee Meeting—  
8/08 10:00 a.m.

General Safety Committee  
Meeting – 8/20 9:00 a.m.

City Golf 8/14 & 8/28

3:30 Tee Times

Newsletter Deadline 8/22